

Disaster Emergency Kits - Are you prepared?

Emergency kits are designed to be the basis for some of the supplies you may have available when an emergency or disaster happens. Your kit should be based on your own personal needs. Some basic items to include are:

TOOLS AND SUPPLIES

Flashlight and extra batteries

AM Radio

Mess kit, or paper cups, plates and plastic utensils

Cash, traveler's checks, change

Non-electric can opener, utility knife.

Multi-function tool (Leatherman, etc)

Tape - Masking or duct

Matches in waterproof container

Medicine droppers

Plastic sheeting

Battery operated radio and extra batteries

Masks

Plastic storage containers

SANITATION

Toilet paper, towelettes

Soap, liquid detergent

Feminine supplies

Plastic garbage bags, ties

Plastic bucket with tight lid

Disinfectant

Diapers (If needed)

FOOD

Ready-to-eat canned meats, fruits and vegetables.

Canned juices, milk, soup (if powdered, store extra water)

Baby formula and vitamins

High energy foods - Peanut butter, jelly, crackers, granola bars, trail mix

Comfort/stress foods - Cookies, hard candy, sweetened cereals, instant coffee, tea bags.

SPECIAL ITEMS

Medications (both prescription and non-prescription), pain relievers, stomach remedies, etc. (Ask your physician/pharmacist about storing medications). Extra eyeglasses, Important family documents (in a waterproof container), will insurance policies, contracts, deeds, stocks and bonds, Passports, social security cards, immunization records, bank account numbers, credit card numbers and companies, inventory of valuables, important telephone numbers, family records (birth, marriage, death certificates). Entertainment - Games, books, special needs supplies (infant, elderly, disabled).

WATER

Store one gallon of water per person, per day (two quarts for drinking, two quarts for food preparation/sanitation)