

Great Hawaii ShakeOut

October 20, 2016 - 10:20am

Know how to protect yourself from earthquakes, whether you live, work, or travel to an area where earthquakes are common. **Are you prepared?**

When the ground starts to shake, what do you do? If it involves a doorway, a triangle, or running - these are not earthquake-safe actions. Instead **Drop, Cover, and Hold On!**

Millions of people around the world will participate in preparing for an earthquake today! Why? Earthquakes can happen anywhere you work, live, or travel, which is why everyone, everywhere should know how to protect themselves should an earthquake occur.

Today is the **Great ShakeOut!** At 10:20am today people across the country are going over their Earthquake preparedness plans. Do you know how to protect yourself, your office, and your family from earthquakes? Follow these steps to prepare for an earthquake!

PREPARE!

1. Secure Your Space
2. Make a Plan
3. Organize Disaster Supplies
4. Minimize Financial Hardship

SURVIVE!

5. Drop, Cover, and Hold On
6. Improve Safety

RECOVER!

7. Reconnect and Restore

Do: take a step each week or month.

Don't: rush through or cut corners.



For More Information Contact: MCB Hawaii Installation Protection Office

Emergency Operations Center
808-257-8460

Emergency Management
808-257-3019