

MCB Hawaii Family PREPAREDNESS PLAN for a Power Outage

During a base-wide power outage that will affect you and your family. The following are recommendations to prepare yourself for the day and other important information you may need to know:

- ✓ Recommend having cash on hand if you want to go to the few establishments that will be open.
- ✓ Fill up your vehicle with fuel prior.
- ✓ Fill up your propane tank if you plan on grilling!
- ✓ Charge your cell phones and batteries.
- ✓ Remember automatic garage door openers won't work while the electricity is out.
- ✓ Don't forget to take your house key with you if you leave!
- ✓ Reset Your Water Heater: After the power outage you will need to reset the timer on your water heater so that your water will be heated by solar power (instead of electricity) during the day. This will also ensure that you and your family have enough hot water when you need it. Please click the link below to view the video with easy step-by-step instructions: <http://vimeo.com/29448909> <http://vimeo.com/29448909>. If you have a digital water heater or if you have any difficulties resetting your water heater, we would be happy to help! Please contact our Resident Services Office at (808) 839-8700. If you have any medical concerns because of this upcoming outage, please contact your doctor for guidance on whether or not you should plan to go to a medical treatment facility or somewhere else with air conditioning (e.g. Windward Mall, etc.) for the duration of this outage.
- ✓ Prior to the power outage, disconnect power source from computers, printers (standalone and network), copiers, multi-function devices, fax machines and other peripherals such as external hard drives and DVD/CD drives. Disconnect power source from phones; phones will continue to work with dial tone and voicemail, but some features such as linking, redial and speed dial will not be available.
- ✓ Prior to the power outage, properly disconnect sensitive appliances, such as, televisions, microwaves, advanced-technology washers and dryers, electronic game consoles, fans, lamps, etc., to avoid potential power-surge damage when electricity is restored.
- ✓ Do not attempt to place personal generators on the base grid!
- ✓ Call 9-11 for all emergencies, call 257-2123 for nonemergency police matters.
- ✓ Do not attempt to pull a fire alarm in any building that is open, the signal will not reach the fire department.
- ✓ Contact your Logistics Officer, Family Housing Representative, MCCS Representative, or the MCBH Emergency Operations Center at 257-8460/4636/8457 to confirm electrical power restoration. Once power restoration is confirmed, your personal electrical equipment may then be reconnected.

Notifications

- For more information, prior to, during, and after the outage, call the hotline at 257-4636.
- MCBH uses a system called **ATHOC**, which uses texting, phone calls, desktop pop-ups, and giant voice notices throughout the base to transmit messages. If interested in receiving a text, have your active duty spouse add your information into this system on their work computer or, call 257-8460 for more information.



- MCBH will provide up to date information on the MCBH Homepage, <http://www.mcbhawaii.marines.mil>
- MCBH will provide information on the MCBH Facebook page, www.facebook.com/MarineCorpsBaseHawaii Get onto Facebook now and click "like".



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✓ Food Safety message

- ✓ **If the power is out for less than four hours**, the food in your refrigerator and freezer is safe to consume. While the power is out, keep the refrigerator and freezer doors closed as much as possible to keep food cold for longer. Or, place food that may spoil in a cooler with ice. Do not open freezer during this period.
- ✓ **If the power is out for longer than four hours, follow the guidelines below:** A freezer that is half full will hold food safely for up to 24 hours. A full freezer will hold food safely for 48 hours. Do not open the freezer door if you can avoid it. For the refrigerator: Pack milk, other dairy products, meat, fish, eggs, gravy, and spoilable leftovers into a cooler surrounded by ice. Inexpensive styrofoam coolers are fine for this purpose.
- ✓ Use a food thermometer to check the temperature of your food before you cook or eat it. Throw away any food with a temperature of more than 40 degrees Fahrenheit.

✓ KEEP CONNECTED:

- ✓ “LIKE” Hawaii Marine Facebook at www.facebook.MarineCorpsBaseHawaii



- ✓ Register on ATHOC located on active duty desk top computer.