

MCB Hawaii Family Power Outage PREPAREDNESS PLAN

Power on the island are susceptible to high winds, heavy rains and can go down at any time. The following are recommendations to prepare yourselves for destructive weather:

- ✓ **Recommend having cash on hand if you want to go to the few establishments that will be open.**
- ✓ **Always keep your vehicle with fuel.**
- ✓ **Fill up your propane tank if you plan on grilling!**
- ✓ **Charge your cell phones and batteries.**
- ✓ **PMO will be at main gates at each of the installations if you're unable to make calls.**

Food Safety Information

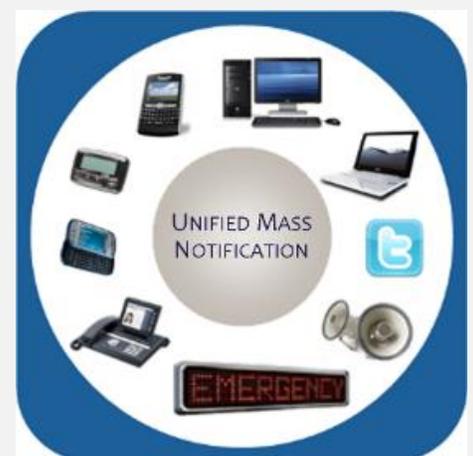
- ✓ **If the power is out for less than four hours**, the food in your refrigerator and freezer is safe to consume. While the power is out, keep the refrigerator and freezer doors closed as much as possible to keep food cold for longer. Or, place food that may spoil in a cooler with ice. Do not open freezer during this period.
- ✓ **If the power is out for longer than four hours, follow the guidelines below:**
 - A half-full freezer will hold food safely for up to 24 hours. A full freezer will hold food safely for 48 hours. Do not open the freezer door if possible.
 - For the refrigerator: Pack milk and other dairy products, meat, fish, eggs, gravy, and spoilable leftovers in a cooler surrounded by ice. Inexpensive styrofoam coolers are fine for this purpose.
 - Use a food thermometer to check the temperature of your food before you cook or eat it. Throw away any food with a temperature of more than 40 degrees Fahrenheit.

Notifications

- For more information, prior to, during, and after the outage, call the hotline at 257-4636.
- MCBH uses a system called **ATHOC**, which uses texting, phone calls, desktop pop-ups, and giant voice notices throughout the base to transmit messages. If interested in receiving a text, have your active duty spouse add your information into this system on their work computer before 22 February, or call 257-8460 for more information.



- MCBH will provide up to date information on the MCBH Homepage, <http://www.mcbhawaii.marines.mil>
- MCBH will provide information on the MCBH Facebook page, www.facebook.com/MarineCorpsBaseHawaii Get onto Facebook now and click "like".
- Go to <http://www.mcbhawaii.marines.mil> for more information under the Disaster Preparedness link.



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✓ Other safety messages:

- ✓ DO NOT place personal generators on the base grid!
- ✓ Call 9-1-1 for all emergencies.
- ✓ Do not attempt to pull a fire alarm in any building that is open, the signal will not reach the fire department.
- ✓ 254-prefix telephone numbers will not work (most are MCCS).
- ✓ “LIKE” Hawaii Marine Facebook at www.facebook.MarineCorpsBaseHawaii
- ✓ Register on ATHOC located on active duty desk top computer. 